



Mission

Nebraska Power Volleyball Club (NPVC) exists to empower athletes, build character, and inspire passion for the game. We emphasize teamwork, growth, resilience, and respect while aligning to USA Volleyball and SafeSport standards.

Philosophy

- Player-centered training
- Positive coaching
- Competitive development
- Respect, sportsmanship, and character building

Code of Conduct

Athletes: Integrity, effort, respect.

Parents: Positive support and respectful communication.

Coaches: Professionalism, safety, instruction.

Contact Us



Phone

402-598-3680



Email

info@nepowervb.com



Website

www.nepowervb.com

Parent & Athlete Handbook

2026 Season

Club Management

NPVC is a registered non-profit with the State of Nebraska and is governed by a Board of Directors. Messages to the board may be directed to info@nepowervb.com.

Operations related business is under the leadership of the Director-Operations, Jennifer Helms, 402-871-5182, jenh@nepowervb.com.

Coaching, Tournaments and Team oversight is the responsibility of the Club Director, Paul Wright, 402-598-3680, paulw@nepowervb.com.

Safety & SafeSport

•All coaches and staff complete SafeSport training and USAV required background checks.
•Zero tolerance for misconduct, bullying, or harassment.
•Athletes may report concerns to coaches, Directors, or the U.S. Center for SafeSport.



Athletes

Expectations

- Arrive 10 minutes early to practice.
- Attend all practices and tournaments unless excused.
- Give consistent effort and maintain a positive attitude.
- Playing time is not equal and is based on effort, coachability, attendance, and team needs.
- Follow the 24-hour rule before discussing frustrations or concerns with Coach.
- For most matters, athlete should discuss with Coach first before a parent contacts Coach.

Practice Policies

- Consistent attendance is required.
- Athletes must notify the Head Coach when absent.
- Practice intensity must be respected at all times.
- No player phone use during practice.
- We are guests in our neighborhood facilities and will leave them in the same or better condition than we find them.

Tournament Policies

- Arrive 45 minutes early, unless coach provides other directions.
- Wear the assigned uniform, coaches may designate matching Power warmup clothes for arrival.
- Stay with the team between matches.
- No negativity, phones*, or distractions during tournaments.

Parents

Expectations

- Cheer positively—no sideline coaching.
- Respect coaches, referees, and athletes.
- Follow the 24-hour rule before discussing frustrations or sensitive concerns.
- For most matters, athlete should discuss with Coach first before a parent reaches out.
- Direct team questions to the coach and club matters to Directors.

Communication Framework

- Staff and coaches will communicate openly with parents and athletes, except when privacy or a sensitive matter limits what can be shared; in those cases, only necessary individuals will be informed, or a general notice will be issued.
- We will use a designated team app.
- Coaches will communicate with athletes only via messages to parents, or within the designated team app when available. At no time will Coaches text or engage in social media direct messaging outside of a team app with athletes.
- Coaches share schedules, changes, and expectations.
- Parents communicate availability to coaches.

Financial Overview

- Club fees follow a structured payment plan. Late fees may apply.
- Travel costs may apply if teams choose to attend regional or other out of town events.
- Fundraising may be offered to lower costs.
- Athletes may be asked to participate in fundraising for club/facility benefit.